

Washington and Lee Ropes Challenge Course Registration Form

The challenge course is a sequence of contracts/goal setting, cooperative games, initiatives, low ropes activities and high ropes elements. Participants will be invited to participate in various activities. The decision to participate in any or all elements is left up to the participants (“Challenge By Choice” concept). Low elements generally take place 18 – 24 inches off the ground; high elements are belayed by a safety rope, with a helmet worn at all times. Approximately 80% of an organization’s experience will take place either on the ground or on low elements.

All registered events will take place on the day scheduled, rain or shine.

Today’s date: _____ W&L Organization: _____
(month/day/year)

Group/Class Name: _____		
Requested Date: _____	Time: _____	to _____
Total participants: _____	Men: _____	Women: _____

Contact Person: _____	
Local Address: _____	
Phone #: _____	Email address: _____

The contact person is responsible to convey the following to all the group’s participants:

- 1. Washington and Lee Challenge Course regulations:**
 - All participants must have a signed waiver/medical form on File with the Washington and Lee Fechnay Leadership Development Program.
 - Participants must wear weather appropriate clothing (pine trees are oozing considerable amounts of sap, which may stain clothing).
 - Participants are responsible to bring a water bottle and personal items (bug spray, sunscreen, etc)
 - Jewelry is not permitted on the ropes course (bracelets, necklaces, etc).
 - Tobacco, alcohol and non-prescription drugs are prohibited.
 - Participants must wear close-toed shoes, preferably cross training shoes.
 - Respect yourself and others.
 - Stretch beyond your personal limitations
 - HAVE FUN!

- 2. Location**
 - The course is located in the pines next to the Duchossis Tennis Center, Student Activities Pavilion and Captain Dick Smith Baseball Field. Groups should plan on meeting in the pavilion to begin their challenge experience.