



SPORTS INFORMATION

Washington and Lee University

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2006-07 W&L WOMEN'S BASKETBALL REPORT

Overall: 2-0 ODAC: 0-0 Home: 0-0 Away: 1-0 Neutral: 1-0

GAME #3: W&L at Newport News Apprentice

11/21/06

5:30 pm

Newport News, Va.

W&L QUICK FACTS

Location:..... Lexington, Va.
 Founded..... 1749
 Affiliation:..... NCAA Division III
 Conference..... Old Dominion Athletic
 Enrollment..... 1,760
 Colors..... Royal Blue & White
 Nickname..... Generals
 President..... Ken Ruscio
 Interim Director of Athletics..... Chuck O'Connell
 Athletics Phone..... (540) 458-8670
 Assistant AD..... Jan Hathorn
 Assistant AD..... TBA
 Assistant AD..... Cinda Rankin
 Sports Info. Director..... Brian Laubscher
 Sports Information Phone..... (540) 458-8676
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 Laubscher Cell..... (540) 460-0173
 Assistant SID..... Austin Stair Calhoun
 Calhoun Cell..... (703)-606-6099

STATISTICAL LEADERS

POINTS:..... Kristen Krouchick, 17.0 ppg
 REBOUNDS:..... Kristen Krouchick, 7.0 rpg
 STEALS:..... Several players, 2.0 spg
 ASSISTS:..... Sarah Otey, 5.0 apg
 BLOCKS:..... Several players, 0.5 bpg
 FG MADE:..... Kristen Krouchick, 12
 FG ATTEMPTED:..... Kristen Krouchick, 28
 3-POINTERS MADE:..... Kristen Krouchick, 5
 3's ATTEMPTED:..... Kristen Krouchick, 8
 FT MADE:..... Kristen Krouchick, 5
 FT ATTEMPTS:..... Kaitlyn Kamp, 8
 MINUTES:..... Two players, 27.5 mppg

GENERALS DEPTH CHART

Probable Starters									
NO.	NAME	POS.	YR.	HT.	GP/GS	PPG	RPG	APG	MISCELLANEOUS
10	Sarah Otey	G	Sr.	5-7	2/2	5.0	1.5	5.0	2.0 steals per game
24	Emily Wolff	G	Jr.	5-9	2/2	7.0	4.5	1.0	1.5 steals per game
32	Jessica Hunsinger	C	Sr.	6-0	2/2	9.0	5.0	0.5	0.5 blocks per game
34	Kristen Krouchick	G/F	Jr.	5-9	2/2	17.0	7.0	2.0	5-8 from 3-pt
40	Kara Nadeau	F	So.	5-10	2/2	1.5	4.5	1.0	2.0 steals per game
Off the Bench									
NO.	NAME	POS.	YR.	HT.	GP/GS	PPG	RPG	APG	MISCELLANEOUS
12	Casidhe Horan	G	Fr.	5-7	2/0	0.0	0.5	0.5	0.5 steals per game
14	Hayley James	F	Jr.	5-10	2/0	2.5	2.5	0.0	1.0 steals per game
20	Bethany Ridenhour	G	So.	5-9	2/0	10.0	2.5	2.0	.500 FG %
22	Lauren Heitshusen	G	Fr.	5-7	1/0	0.0	2.0	0.0	1.0 steals per game
30	Amanda Kane	F	Jr.	5-11	2/0	1.0	2.5	0.5	0.5 blocks per game
45	Kaitlyn Kamp	C	Fr.	6-0	2/0	4.0	6.0	0.0	Had 10 boards vs. CCNY

KING OF THE GENERALS: Mandy King (Southern Maine '98) is in her fourth season as head women's basketball coach at W&L and has a career record of 35-45 (.438). Last season, she led the Generals to an 11-15 record and a third-straight appearance in the ODAC Tournament, where they fell, 79-71, to Elite Eight-participant Randolph-Macon in the first round. In 2004-05, she made a four-game improvement from her initial campaign, tying a school record with 13 victories. King's first season resulted in a six-game improvement over the previous season and also included a bid to the ODAC Postseason Tournament. Under her direction, two players have earned All-ODAC honors and another finished second in the balloting for the conference rookie of the year award. **Kristen McCandless** (TCNJ '03) is in her second season as assistant women's basketball coach at W&L. McCandless came to W&L after earning her master's degree in occupational therapy from Nova Southeastern University in Ft. Lauderdale, Fla. She also had an exceptional career at The College of New Jersey where she graduated Magna Cum Laude in 2003 and was a four-year letterwinner and two-time MVP of the Lions.

LAST TIME OUT: W&L claimed its first in-season tournament title since the 1997-98 season with a 52-45 win over Swarthmore in the championship game of Swarthmore Tip-Off Classic. The Generals led by as much as six points in the opening half, taking a 12-6 lead with 14:23 to play, but the Garnet responded and led by three, 26-23, at the half. SC extended the lead to five, 28-23, in the second half, but W&L countered with a 13-3 run, capped off by a three-pointer by junior forward **Kristen Krouchick** to take a 38-31 advantage with 8:08 to play in the contest. Swarthmore would cut the Generals' lead to one, 40-39, with 3:18 left, yet could not get any closer as W&L pulled away for the seven-point win. The Generals (2-0) were led by Krouchick, who scored 18 points and notched six rebounds en route to being named tournament MVP. She was joined on the all-tournament team by sophomore guard **Bethany Ridenhour**, who tallied 10 points, three rebounds and three steals. Senior center **Jessica Hunsinger** added 12 points and seven rebounds.

2006-2007 SCHEDULE

Sat.	Nov. 18	vs. CCNY\$W, 62-24
Sun.	Nov. 19	vs. Swarthmore\$W, 52-45
Tue.	Nov. 21	at Apprentice School5:30 pm
Tue.	Nov. 28	Hollins*7:00 pm
Fri.	Dec. 1	at Randolph-Macon*7:00 pm
Sat.	Dec. 2	at Virginia Wesleyan*4:00 pm
Tue.	Dec. 5	at Bridgewater*7:00 pm
Tue.	Jan. 2	Virginia Wesleyan*7:00 pm
Fri.	Jan. 5	at Roanoke*7:00 pm
Tue.	Jan. 9	Eastern Mennonite*7:00 pm
Fri.	Jan. 12	at Lynchburg*7:00 pm
Sat.	Jan. 13	at R-MWC*3:00 pm
Tue.	Jan. 16	Randolph-Macon*7:00 pm
Thu.	Jan. 18	Mary Baldwin7:00 pm
Sat.	Jan. 20	Bridgewater*2:00 pm
Tue.	Jan. 23	at Guilford*7:00 pm
Thu.	Jan. 25	at Southern Virginia7:00 pm
Tue.	Jan. 30	at Emory & Henry*7:00 pm
Fri.	Feb. 2	R-MWC*7:00 pm
Sat.	Feb. 3	Roanoke*4:00 pm
Tue.	Feb. 6	Guilford*7:00 pm
Sat.	Feb. 10	at Eastern Mennonite*3:00 pm
Tue.	Feb. 13	at Hollins*7:00 pm
Fri.	Feb. 16	Emory & Henry*7:00 pm
Sat.	Feb. 17	Lynchburg*5:00 pm
Thu.	Feb. 22	at ODAC TournamentTBA
Fri.	Feb. 23	at ODAC TournamentTBA
Sat.	Feb. 24	at ODAC TournamentTBA

* - ODAC Contest

\$ - Swarthmore Tip-off Tournament

Home Games in **Bold**

ODAC STANDINGS

	ODAC	Overall
Randolph-Macon	2-0	0-0
Washington and Lee	2-0	0-0
Emory & Henry	2-0	0-0
Eastern Mennonite	1-0	0-0
Guilford	1-1	0-0
Virginia Wesleyan	1-1	0-0
Bridgewater	0-0	0-0
Roanoke	0-0	0-0
Hollins	0-2	0-0
Lynchburg	0-2	0-0
Rand.-Macon Woman's	0-2	0-0

GAME HIGHS

Points: 18 - Kristen Krouchick vs. CCNY

Rebounds: 10 - Kaitlyn Kamp vs. CCNY

Assists: 7 - Sarah Otey vs. CCNY

Steals: 4 - Kristen Krouchick vs. CCNY

Blocks: 1, Several players

3-pointers Made: 3 - Kristen Krouchick vs. Swarthmore

Field Goals Made: 6 - Kristen Krouchick vs. CCNY and vs. Swarthmore

Free Throws Made: 4 - Jessica Hunsinger vs. Swarthmore; Kaitlyn Kamp vs. CCNY

W&L vs. APPRENTICE SCHOOL: This is the first-ever meeting between Newport News Apprentice and the Generals. This is the second time this season that W&L will square off against an opponent for the first time in program history. In the Generals' initial meeting with CCNY on Nov. 18, W&L defeated the Beavers, 62-24.

SCOUTING THE BUILDERS: Newport News Apprentice opened its 2006-07 by hosting the Great Ships Invitational Tip-Off last weekend. In the invitational, NAIA Notre Dame College downed the Apprentice School, 67-55, in the first round game on Friday. The Builders rebounded to defeat Southern Virginia, 62-55 in the consolation game on Saturday. The Apprentice School is led by senior guard/forward **Dayna Twyne**, who averages 12.0 ppg and 8.0 rpg. Sophomore guard **Rahshann Lewter** averages 9.0 ppg, while senior forward **Ashley Barlow** has tallied 8.0 points per game and 9.0 rebounds per game.

LOOKING AHEAD: The Generals return to action on Tuesday, Nov. 28, as they open ODAC competition with a 7:00 pm contest against Hollins.

WHAT'S BACK: The Blue and White return four starters and nine letterwinners from last year's squad that finished with an 11-15 overall record (8-12 ODAC). Hunsinger returns for her final campaign after a junior season that was highlighted by leading the team in points (15.2 ppg), leading the ODAC in blocks (2.8 bpg) and rebounds (10.0 rpg), and becoming the sixth player in W&L history to score 1,000 points. The Generals also return starters Krouchick (14.8 ppg, 5.3 rpg, 2.2 apg, 2.1 spg), junior guard **Emily Wolff** (7.0 ppg, 4.9 rpg, 2.6 apg) and sophomore forward **Kara Nadeau** (6.5 ppg, 5.4 rpg).

WHAT'S GONE: The Generals lost one starter from last season's 11-15 squad in guard Louisa Feve. Feve started 25 games last season en route to averaging 12.1 points per game, 4.8 rebounds per game and a team-best 4.9 assists per game. A two-time Honorable Mention All-ODAC selection, she ended her career ranked first in school history in made three-pointers (143) and is second in scoring (1,305 points), assists (369) and steals (192).

ODAC PLAYER OF THE WEEK: Junior forward **Kristen Krouchick** was selected as the ODAC women's basketball Player of the Week on Monday for the week ending November 19. Krouchick posted double-figures in both of the Generals' wins this weekend en route to be named MVP of the Swarthmore Tip-Off Classic. In a 62-24 win over CCNY in the opening contest, she tallied 16 points, pulled down eight rebounds and made four steals. In the championship game, Krouchick racked up 18 points and six rebounds as the Generals won their first in-season tournament since 1997-98 with a 52-45 victory over Swarthmore.

W&L'S RECORD WHEN...

It shoots 50+ percent.....	0-0
It shoots 40-49 percent.....	0-0
It shoots 30-39 percent.....	1-0
It shoots below 30 percent.....	1-0
Opponent shoots 50+ percent.....	0-0
Opponent shoots 40-49 percent.....	0-0
Opponent shoots 30-39 percent.....	0-0
Opponent shoots below 30 percent.....	2-0
It outshoots opponent.....	2-0
Opponent outshoots it.....	0-0
It leads at the half.....	1-0
It's tied at the half.....	0-0
Opponent leads at the half.....	1-0
It commits less turnovers.....	2-0
Turnovers are even.....	0-0
It commits more turnovers.....	0-0
It outrebounds opponent.....	2-0
Rebounds are even.....	0-0
Opponent outrebounds it.....	0-0
It has more assists.....	2-0
Assists are even.....	0-0
Opponent has more assists.....	0-0
It shoots 75+ percent FTs.....	1-0
It shoots < 75 percent FTs.....	1-0
It makes more FTs.....	1-0
Made free throws are even.....	0-0
It makes fewer FTs.....	1-0
It takes more FTs.....	1-0
Free throws attempts are even.....	1-0
It takes fewer FTs.....	0-0
It makes more 3-pointers.....	2-0
Made 3-pointers are even.....	0-0
Opponent makes more 3-pointers.....	0-0
It scores < 40 points.....	0-0
It scores 40-49 points.....	0-0
It scores 50-59 points.....	1-0
It scores 60-69 points.....	1-0
It scores 70+ points.....	0-0
Opponent scores < 40 points.....	1-0
Opponent scores 40-49 points.....	0-0
Opponent scores 50-59 points.....	1-0
Opponent scores 60-69 points.....	0-0
Opponent scores 70+ points.....	0-0
Game is decided by 1-4 points.....	0-0
Game is decided by 5-10 points.....	1-0
Game is decided by 11+ points.....	1-0
Game is decided in overtime.....	0-0
Game is at Warner Center.....	0-0
Game is on the road.....	1-0
Game is at neutral site.....	1-0
Game is played in afternoon.....	1-0
Game is played at night.....	1-0

W&L SEASON-HIGHS

#10 SARAH OTEY

Points..... 5, Twice
Rebounds2 vs. CCNY (11/18/06)
Assists7 vs. CCNY (11/18/06)

#12 CASIDHE HORAN

Points.....0
Rebounds2 vs. CCNY (11/18/06)
Assists1 vs. vs. CCNY (11/18/06)

#14 HAYLEY JAMES

Points.....3 vs. Swarthmore (11/19/06)
Rebounds3 vs. Swarthmore (11/19/06)
Assists0

#20 BETHANY RIDENHOUR

Points..... 10, Twice
Rebounds3 vs. Swarthmore (11/19/06)
Assists 2, Twice

#22 LAUREN HEITSHUSEN

Points.....0
Rebounds2 vs. CCNY (11/18/06)
Assists0

#24 EMILY WOLFF

Points..... 11 vs. CCNY (11/18/06)
Rebounds7 vs. Swarthmore (11/19/06)
Assists 1, Twice

#30 AMANDA KANE

Points2 vs. CCNY (11/18/06)
Rebounds3 vs. Swarthmore (11/19/06)
Assists1 vs. CCNY (11/18/06)

#32 JESSICA HUNSINGER

Points.....12 vs. Swarthmore (11/19/06)
Rebounds7 vs. Swarthmore (11/19/06)
Assists1 vs. CCNY (11/18/06)

#34 KRISTEN KROUCHICK

Points.....18 vs. Swarthmore (11/19/06)
Rebounds8 vs. CCNY (11/18/06)
Assists 2, Twice

#40 KARA NADEAU

Points.....2 vs. CCNY (11/18/06)
Rebounds5 vs. CCNY (11/19/06)
Assists2 vs. CCNY (11/18/06)

#45 KAITLYN KAMP

Points.....8 vs. CCNY (11/18/06)
Rebounds10 vs. CCNY (11/18/06)
Assists0

WELL-ROUNDED GAME: There is a reason Krouchick is listed as a guard SLASH forward -- she plays both positions and ends of the floor equally well. In 2005-06, she was not only second on the squad in points (14.8), but also collected a third-best 5.2 rebounds per game and team-high 54 steals. On two occasions last season, she scored a career-high 26 points (vs. R-MWC, 1/15/06; vs. E&H, 1/24/06). She also grabbed a career-high 10 rebounds twice (vs. LC, 2/5/06; at GC, 2/15/06). Thus far this season, she leads the Generals in points per game with 17.0. For her career, Krouchick has totals of 728 career points, 244 rebounds, 101 steals and 86 assists.

CENTER OF THE UNIVERSE: Senior center **Jessica Hunsinger** may not technically be the center of the universe, but for the past three seasons she has been the epi-center of the W&L women's basketball program. After a slow start in the season-opener against CCNY, Hunsinger rebounded to post 12 points and seven boards against Swarthmore. She has twice earned Second Team All-ODAC and Honorable Mention All-State accolades and led the Generals in scoring and rebounding in 2005-06. Hunsinger became just the sixth player in school history to surpass the 1,000 point plateau when she tallied 21 points in a 78-70 win over Roanoke on Jan. 28, W&L's first-ever win over the Maroons. She tied her career-high with 26 points and had a season-best 16 rebounds in a 75-58 loss at Roanoke on Jan. 10. Hunsinger posted 12 double-doubles last season and has 36 double-doubles in 68 career games. Thus far for her career, she ranks second all-time at W&L in career blocks (169), third in career rebounds (789), third in career field goal percentage (.444) and fifth in career points (1,136).

HUNGRY LIKE THE WOLFF: Krouchick is not the only versatile player on the Generals roster -- junior guard **Emily Wolff** is also poses an offensive and defensive threat for opponents of the Blue and White. She opened her junior campaign with a 11-point effort against CCNY and grabbed seven rebounds versus Swarthmore.

RIDE WITH ME: After posting just two double-digit point outings in her rookie season, sophomore guard **Bethany Ridenhour** opened this season with back-to-back double-digit games at the Swarthmore Tip-Off Classic. She registered 10 points in both wins over CCNY and Swarthmore and earned all-tournament honors

KAMPED OUT IN THE LANE: Freshman center **Kaitlyn Kamp** showed signs of being a more-than adequate back-up to senior center Jessica Hunsinger this weekend. In the Generals' opening round win versus CCNY, Kamp pulled down a team-high 10 rebounds and scored eight points in just 16 minutes.

W&L CAREER-HIGHS

#10 SARAH OTEY

Points..... 20 vs. Randolph-Macon (1/9/04)
Rebounds 11 vs. EMU (1/6/04)
Assists 6 vs. Guilford (2/22/04)

#12 CASIDHE HORAN

Points..... 4 vs. Lynchburg (2/5/06)
Rebounds 1, Five Times
Assists4 at Hollins (2/11/06)

#14 HAYLEY JAMES

Points..... 12 at R-MWC (2/5/05)
Rebounds10 at UMW (11/22/05)
Assists 3 - Twice

#20 BETHANY RIDENHOUR

Points.... 13 vs. Mary Washington (11/20/05)
Rebounds 6 vs. SVU (2/9/06)
Assists 3 vs. SVU (2/9/06)

#22 LAUREN HEITSHUSEN

Points.....0
Rebounds2 vs. CCNY (11/18/06)
Assists0

#24 EMILY WOLFF

Points.....12, Three Times
Rebounds 10, Twice
Assists7 at Virginia Wesleyan (1/3/06)

#30 AMANDA KANE

Points..... 16 at Emory & Henry (1/25/05)
Rebounds 9 at Va. Wesleyan (12/5/04)
Assists5 vs. Peace (11/23/04)

#32 JESSICA HUNSINGER

Points..... 26 - Three Times
Rebounds 18 vs. SVU(12/9/03)
Assists 3 - Three Times

#34 KRISTEN KROUCHICK

Points..... 26, Two Times
Rebounds 10, Two Times
Assists 4, Six Times

#40 KARA NADEAU

Points..... 14 at Bridgewater (1/18/06)
Rebounds 14 vs. E&H (1/24/06)
Assists 4, Two Times

#45 KAITLYN KAMP

Points.....8 vs. CCNY (11/18/06)
Rebounds10 vs. CCNY (11/18/06)
Assists0

THE LAST TIME...

A W&L PLAYER...

Scored 30+ points	Megan Babst (32) vs. Virginia Wesleyan, 2/14/02
Scored 40+ points	N/A
Scored 50+ points	N/A
Scored 20+ points in back-to-back games	Kristen Krouchick (20, 21) vs. Emory & Henry/R-MC, 2006
Scored 20+ points in three straight games	Louisa Feve (23, 24, 22) vs. Hollins/Emory & Henry/EMU, 2004
Scored 30+ points in back-to-back games	Jessica Mentz (32, 35) at R-MWC, at EMU, 2001-02
Attempted 20+ field goals	Kristen Krouchick (20) at R-MWC, 1/15/06
Made 10+ free throws	Louisa Feve (13) at Lynchburg, 1/17/04
Recorded 20+ rebounds	Megan Babst (20) at EMU, 1/5/01
Registered 10+ assists	Bethany Dannelly (10) at Roanoke, 1/20/02
Hit 5+ three-pointers	Louisa Feve (5) at EMU, 1/27/04
Blocked 5+ shots	Jessica Hunsinger (7) vs. Eastern Mennonite, 1/31/06
Had 5+ steals	Kristen Krouchick (7) vs. Emory & Henry, 2/18/06
Had a double-double	Jessica Hunsinger (21 pts., 15 reb.) at Emory and Henry, 2/18/06
Had 2+ players record a double-double	Jessica Hunsinger (12 pts., 10 reb.) & Emily Wolff (10 pts., 10 reb.) vs. Randolph-Macon Woman's College, 2/4/06
Had a triple-double	N/A
Played 40+ minutes	Kristen Krouchick (40) and Louisa Feve (40) vs. R-MC, 2/23/06
Hit a shot in the final 35 seconds to win a game.....	Kristen Krouchick vs. Southern Virginia, 2/9/06 (86-84, OT)
Hit a free throw in the final 35 seconds to win a game	Jessica Morton at Lynchburg, 1/27/00 (61-60)

A W&L TEAM...

Had a 20-29 point win:	vs. Randolph-Macon Woman's College (68-48), 2/4/06
Had a 30-39 point win:	vs. CCONY (62-24), 11/18/06
Had a 40-49 point win:	vs. Lesley (88-40), 11/19/00
Had a 50+ point win:	at Mary Baldwin (87-32), 2/17/98
Scored 100+ points:	N/A
Combined with an opponent to score 200+ points:	N/A
Managed 50+ rebounds:	vs. Randolph-Macon Woman's College (53 rebounds), 2/4/06
Had 3 players foul out:	N/A
Hit 13+ three-pointers:	N/A
Had 3 players in double figures:	vs. Swarthmore (Krouchick, Hunsinger, Ridenhour), 11/19/06
Had 4 players in double figures:	at Emory & Henry (Feve, Hunsinger, Krouchick, Ridenhour), 2/18/06
Had 5 players in double figures:	at B'water (Kane, Krouchick, Hunsinger, Feve, Dannelly), 11/30/04
Had 6 players in double figures:	at MBC (Sawyer, Dean, Burghardt, Hazard, Miller, Wallin), 2/17/98
All 5 starters scored in double figures:	at B'water (Kane, Krouchick, Hunsinger, Feve, Dannelly), 11/30/04
Had 2+ players record double figures in rebounds:.....	vs. R-MWC (Hunsinger 10, Wolff 10), 2/4/06
Played an overtime game:	vs. Southern Virginia, 2/9/06
Played multiple overtimes:	vs. Randolph-Macon, 12/1/01 (2OT)
Lost when scoring 80+ points:	vs. Guilford, 1/15/00 (83-91)
Had a winning season:	1999-2000 (13-12, 10-10 ODAC)
Had a 20-win season:	N/A
Played in the NCAA Tournament:	N/A